



A BRIDGE TO SUCCESS

Parent/Carer Guide:

Preparing for Your Post-16 Young Person's Annual Review

Supporting your young person's journey together at Alt Bridge School

What Is an Annual Review?

An Annual Review is a meeting to look at how your child is doing and make sure their Education, Health and Care Plan (EHCP) still meets their needs. It's a chance to talk about progress, update goals, and make sure the right support is in place.

Why Is It Important?

At this stage in their education, your young person is becoming a young adult and we will work with you to plan their transition into adulthood and greater independence.

- Check progress towards EHCP outcomes
- Update any changes in needs
- Set new targets for the next year
- Plan ahead for future transition to further education, employment or training and discuss their individual aspirations
- Hear your views as a parent or carer
- Celebrate what your child has achieved

Who Will Attend?

- You – your insight is vital
- Form teacher or key staff
- Therapists (if involved) – such as speech and language or occupational therapy
- Local Authority SEND Officer (if needed)
- Your young person

Looking Ahead: Planning for next steps

During your young person's time in post-16 is an important time to begin thinking about what comes next after they leave Alt Bridge. We'll support you in starting these conversations early so that decisions are thoughtful, realistic, and based on your young person's individual strengths and needs.

Here's how you can get involved:

- **Discuss destinations after Alt Bridge** – Will your young person be preparing for college or employment after Alt Bridge? Will they be preparing for independent living? There are different ways we can support them to ensure they are fully prepared for their next steps.
- **Preparation for adulthood** – During post-16 we focus on preparation for adulthood outcomes and set clear goals with your young person and you in the four key areas:
 - Employability
 - Community Engagement
 - Physical and mental health
 - Independent living
- **Talk Openly About Strengths and Challenges** – We'll highlight what your child is doing well and any areas where extra support might be helpful. These early discussions will help shape the right curriculum and qualifications in the future.
- **Ask Questions and Share Your Views** – You know your child best. Your thoughts and hopes for the future are key to planning the right next steps together.
- **Stay Informed, Stay Involved** – We're here to support you every step of the way. Planning early gives your child the best chance to succeed in a pathway that suits them and prepares them for life beyond school.

Planning for the Future: Preparing for Adulthood (PfA)

In Years 12 and 13, decisions are made about where young people go after post-16 education at Alt Bridge.

We'll focus on four key areas known as 'Preparing for Adulthood':

- **Employment** – What type of work, training, or volunteering might your child enjoy or be suited to? What opportunities can we plan for them to gain experience and increase confidence?
- **Independent Living** – What life skills will your child need to live as independently as possible?

- **Community engagement** – How can your child be supported to take part in social and community life? How can we ensure they stay connected and gain the most from local opportunities and services?
- **Physical and mental health** – What health needs should we plan for as your child grows older? What support do they need to achieve positive mental health and wellbeing? How do we support you and your young person to manage the transfer to adult health services?

We will also begin involving transition teams and other external services if needed, to help plan the right next steps. Outcomes in your child's EHCP may be updated to reflect these new goals.

This is a chance for you to share your hopes and priorities for your child's future. Your input is vital, and we're here to support you in navigating these decisions together.

How Can You Prepare?

- Reflect on the Year So Far – What's gone well? Any new concerns or changes you've noticed?
- Review the EHCP – Note any updates you'd like to suggest
- Think About the Year Ahead – What are your hopes for Post-16, next steps and adulthood? Any longer-term goals (college, life skills, independence)?
- Gather Key Documents – Bring any recent reports or letters (e.g., from doctors or therapists)

Your Voice Makes a Difference

We want to hear your views. Your experience and insight help us provide the best support for your child. If you feel nervous, you're welcome to bring someone along for support, such as a friend or advocate.

After the Review

We'll send you a summary of what was discussed and any next steps. This will also go to the Local Authority, who will consider whether the EHCP needs to be updated.

Questions or Support?

Please contact your child's form teacher or our EHCP Clerk, Ms. Silker, if you have any questions before the meeting.

For parents/carers with access difficulties, we can hold meeting virtually or over the phone if this supports you to access your child's meeting. We are very keen to ensure that you are there so whatever we can do to support this, please let us know.

We're proud to support your child on their journey. Thank you for being such an important part of the team at Alt Bridge School.