

Alt Bridge Autumn / Winter Menu 2024/2025

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Sausage, Hash Browns and Beans	Cheese and Pepperoni Pannini /Cheese and ham Pannini with Salad & Coleslaw	Chicken Tikka Massala with Rice and Naan Bread	Roast beef, Roast Potatoes, Peas, Carrots & Yorkshire Pudding	Fish/Fish fingers and chips with Beans, Mushy Peas or Gravy
Main 2	Tomato and Basil Pasta	Cauliflower Cheese	Macaroni Cheese and Garlic Bread	N/A	Falafal wrap with Salad and Coleslaw
Sandwiches	Ham, Cheese, Tuna	Ham, Cheese, Tuna	Ham, Cheese, Tuna	Ham, Cheese, Tuna	Ham, Cheese, Tuna
Jacket Potatoes	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw
Dessert	Peaches and Cream	Sponge and Custard	Flapjack	Chefs Choice Pudding	Pancake and Ice Cream
Allergens Contains	Cereals containing Gluten, Milk, Fish, Egg, Mustard, Soya	Milk, Cereals containing Gluten, Fish, Egg, Mustard, Soya	Fish, Cereals containing Gluten, Nuts, Milk, Egg, Mustard, Soya	Milk, Cereals containing Gluten, Fish, Egg, Mustard, Soya	Fish, Egg, Mustard, Cereals containing Gluten, Soya, Milk
Allergens May Contain	Nuts	Eggs	Peanuts, Sesame	Nuts, Sulphur Dioxide & Sulphites	Nuts

Menu Dates: 2/9/24, 23/9/24, 14/10/24, 4/11/24, 25/11/24,16/12/24, 5/1/25, 26/1/25, 16/2/25, 9/3/25, 30/3/25

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Chicken Burger, Chips and Beans	Mince and Onion Mash with Cauiflower and sweetcorn	BBQ Chicken and Rice	Gammon, Roast Potatoes, Peas, Carrots and Gravy	Fish/Fish fingers and chips with Beans, Mushy Peas or Gravy
Main 2	Chilli Con Carne with Rice	Chicken and Bacon Pasta	Cheese and Tomato Pannini/Tuna Melt with Salad and Coleslaw	N/A	Vegan Sausage Roll, Chips and Beans
Sandwiches	Ham , Cheese, Tuna	Ham , Cheese, Tuna	Ham , Cheese, Tuna	Ham , Cheese, Tuna	Ham , Cheese, Tuna
Jacket Potatoes	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw
Dessert	Fruit Lolly Ice	Chocolate Mousse	Apple Crumble and Custard	Chefs Choice Pudding	Strawberry Ice Cream
Allergens Contains	Fish, Egg, Mustard, Cereals containing Gluten, Soya, Milk	Fish, Egg, Mustard, Cereals containing Gluten, Soya, Milk	Fish, Egg, Mustard, Cereals containing Gluten, Soya	Fish, Egg, Mustard, Cereals containing Gluten, Soya	Fish, Egg, Mustard, Cereals containing Gluten, Soya
Allergens May Contain	Sesame	Nuts		Nuts, Sulphur Dioxide & Sulphites	Nuts

Menu Dates: 9/9/24, 30/9/24, 21/10/24, 11/11/24, 2/12/24, 23/12/24, 12/1/25, 2/2/25, 23/2/25, 16/3/25

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Pepperoni Pizza with Chips and Beans	Scouse, Beetroot and Crusty Bread	Beef Curry with Rice and Naan Bread	Roast Turkey, Sprouts, Carrots Gravy, Roast Potatoes and Stuffing	Fish/Fish fingers and chips with Beans, Mushy Peas or Gravy
Main 2	Sweet and Sour Chicken and Rice	Chefs Choice Vegetarian Meal	Chicken Wrap, Salad and Coleslaw	N/A	Veggie Burger on a Bun with Chips and Beans
Sandwiches	Cheese, ham, Tuna	Cheese, ham, Tuna	Cheese, ham, Tuna	Cheese, ham, Tuna	Cheese, Ham, Tuna
Jacket Potatoes	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw	Beans, cheese, tuna, coleslaw
Dessert	Vanilla Ice Cream	Apple and Blackcurrant Crumble with Custard	Rice Pudding	Chefs Choice Pudding	Arctic Roll
Allergens Contains	Fish, Egg, Mustard, Cereals containing Gluten, Milk, Sesame, Soya	Fish, Egg, Mustard, Cereals containing Gluten, Milk, Soya	Fish, Egg, Mustard, Cereals containing Gluten, Soya	Fish, Egg, Mustard, Cereals containing Gluten, Soya	Fish, Egg, Mustard, Cereals containing Gluten, Soya
Allergens May Contain	Celery, Nuts	Nuts, Sesame, Sulphur Dioxide and Sulphites	Sesame, Nuts	Nuts, Sulphur Dioxide & Sulphites, Sesame	

Menu Dates: 16/9/24, 7/10/24, 28/10/24, 18/11/24, 9/12/24, 30/12/24, 19/1/25, 9/2/25, 2/3/25, 23/3/25
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Available Daily: Fresh Fruit, Yoghurt, Water, Milk, Fruit Juice and Tuna & Sweetcorn Pasta